

**Sanford Area Soccer League
General Information & Rules
2009 - 2010**

The Sanford Area Soccer League is a non-profit organization, run by an all volunteer board of directors, that provides recreation, challenge, and classic level of play for children in the Lee County Area. SASL is a registered member of the North Carolina Youth Soccer Association (NCYSA). A portion of SASL registration fees go to NCYSA for state registration and insurance.

SASL Board of Directors

Brent Sloan	President	bdimes76@yahoo.com
Denise Lee	Secretary & Treasurer	andleenc@charter.net
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Jeff Diven	Field Coordinator	adiven@windstream.net
Kerri Wells	Executive Director, Asst. Registrar	kerriwells@windstream.net

The Sanford Lions Club provides facilities to SASL for soccer use. Please be respectful of Sanford Lions Club Properties. Please note that the Lions Club meets at the Fairgrounds on Thursday evenings. Please allow Lions Club members unimpeded access to their meeting room. Also, please do not park near the baseball field while it is in use **or on Saturday mornings**. Neither SASL, Lion's Club, nor the baseball teams are responsible for damage from baseballs.

NO PETS ALLOWED ON SASL PROPERTY!

PLEASE NO HANGING ON GOALS OR GOAL NETS!

COACHING - Coaches must sign a SASL Code of Conduct Form and are required to have a background check using SASL / NCYSA online form prior to practicing with their team. **Teams occupy one side of field with spectators on other side.** Coaching from the boundary line is permitted. However, "coaching" is limited to the giving of tactical instruction to one's own team. **It is not an indiscriminate license to shout at anyone and everyone, especially the players.** This means that the coaching personnel are allowed to call instruction to their players on the field during the match. Remember to emphasize FUN and SPORTSMANSHIP. The Discipline and Appeals Committee will address any abusive or inappropriate behavior by coaches, parents, and/or players. **Each player must play at least one-half of each game.** Try to play each player three-fourths of the game. Coaches and players **will** shake hands after the game.

<u>Age Group</u>	<u>Ball Size</u>	<u># of Players</u>	<u>Target Roster</u>
U5, U6	3	3 V 3 (No Goalkeeper)	6
U7	3	4 V 4 (No Goalkeeper)	8
U8	3	5 V 5	10
U10	4	7 V 7	12
U11, U12	4	8 V 8	14
U13 & UP	5	11 V 11	18

SUBSTITUTIONS - _Throw-ins in your favor, goal kicks, after any score, after any injury when referee stops play, and halftime.

PLAYER'S EQUIPMENT - It is mandatory the players wear shin guards. All shin guards to be worn **inside** the sock. Cleats must be soccer type or soft cleats. **No baseball cleats.** Goalkeepers must wear jersey of different color of both teams. **No jewelry of any kind.**

SPECTATOR MISCONDUCT - Coaches are responsible for controlling the actions of their players. If a spectator interferes with a match or the officials, the referee shall stop the contest, determine the side which the spectator supports, and have that coach either sufficiently restrain the spectator or remove him/her from the area. If this can not be done, the referee shall terminate the match and report the incident to the referee assignor to be handled by the Board of Directors. (Source: NC State Referees Association [NCSRA] manual) According to USYS/NCYSA, NO Alcoholic beverages will be Consumed or allowed near practice or playing area.

LENGTH OF GAME

U5	8 min. quarters
U6	10 min quarters
U7/U8	12 min. quarters
U10	25 min halves
U12	30 min halves
U14	35 min halves

START OF PLAY will be controlled by the referee.

BALL IN AND OUT OF PLAY will conform to FIFA rules.

METHOD OF SCORING Conform to FIFA rules.

Exception: There will be no attempts to score goals from the kickoff for U8 & below. The referee will warn coaches that encourage a shot attempt from kickoff or try to circumvent this rule, once. Coaches that continue to break this rule will be recommended to the Discipline & Appeals committee for disciplinary action. Scores and league standings are not kept for Recreation.

OFFSIDES - Offside will not be called in U5-U10 age groups. U11 & up will conform to FIFA rules.

FOULS AND MISCONDUCT

U5-U8	All fouls result in "Indirect" kicks.
U10 & up	All fouls are called to conform to FIFA rules.

The Referee/Coach will explain all infractions to players.

FREE KICKS will be taken to conform to FIFA rules.

U12 & up - Opponents remain at least 8 yards from the ball until it is in play.

U8 & U10 - An indirect free kick is awarded to the opposing team at the **center spot on the halfway line**, if a goalkeeper punts or drop kicks a ball in the air from one penalty area into the opponents' penalty area.

PENALTY KICKS

U5-U8	No penalty kicks.
U10 & up	Conform to FIFA rules

THROW IN

U5-U8	Players receive two chances to make proper throw in.
U10 & up	Conform to FIFA rules

GOAL KICK & CORNER KICK - All conform to FIFA rules.

REFEREES will be assigned by the league referee assignor. Any problems with referees must be addressed to the referee assignor, Greg Guerrero.

CONCESSIONS are included in the fees for players. Each team parent will receive vouchers for each player to redeem at the concession stand after games. **Teams are expected to provide volunteers to staff the concession stands for one session per team per season.**